



IHT PHASE OF TREATMENT

Transition to Higher Level of Care Topics	Phase of Treatment	Transition to Lower Level of Care Topics
ACUTE		
<ul style="list-style-type: none"> • Review limits of IHT services • Alert Mobile Crisis to Family's need(s) • Create new safety plan if current one is not sufficient to manage risk • Address Family's concerns about higher level of care • Alert school and/or other systems Youth is involved with 	<ul style="list-style-type: none"> • Acute/Active IHT Level symptoms currently present • CANS has significant number of 2s and 3s • Developing a shared vision with the family for services and how to measure progress • Have begun initial family systems interventions necessary to stabilize family unit • Youth may have recently transitioned to home from higher level of care or have active CRA • Individual Therapy alone is not enough to manage risk factors present 	<ul style="list-style-type: none"> • Introduce IHT services and its limits • Review family's termination criteria • Create shared vision of what progress will look like for family • Complete referrals needed for other levels of care • Identify natural supports for family
WORKING		
<ul style="list-style-type: none"> • Risk behaviors escalate and/or new risk behaviors emerge • Youth transitions to higher level of care • Safety plan needs to be updated 	<ul style="list-style-type: none"> • Symptoms are active, decreasing in frequency/intensity/severity • CANS scores are decreasing, 2s and 3s still present in some domains • Continues to have a shared vision with family for services and how to measure progress • Family is engaging in interventions required for stabilization • Family is working with other Providers to manage risk factors 	<ul style="list-style-type: none"> • Review progress towards shared vision • Monitor and address setbacks • Re-enforce progress being made • Referrals have been made and family members are connecting to other levels of care



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TERMINATION		
<ul style="list-style-type: none"> • Risk behaviors escalate and/or new risk behaviors emerge • Changes in Family system create instability • Safety plan needs to be updated 	<ul style="list-style-type: none"> • Symptoms related to IHT admission are stable • CANs scores have decreased, few to no 2s or 3s • Family has met goals or has disengaged from services • Family is able to use skills without clinical support • Risk factors are successfully managed through less intensive services • No further IHT level family system issues exist 	<ul style="list-style-type: none"> • Review final steps for IHT closure • Create plan to transition to other services • Establish close out date • Hold final meetings with family and providers